

Quick Action Items!

The following are things that you can do to **Get Involved ASAP**:

- Sign up for the **Parent and Guardian Newsletter**, and/or share this resource with others you think may be interested. View the **Fall 2022** and **Winter 2022** issues at our website.
 - Time needed: 5 minutes
- Visit the Alliance social media, and like or share a post. This month's posts will include Black History Month, smoking cessation, and much more!
 - Time needed: 5 minutes
- Take the Alliance **Coalition Membership agreement** survey. Learn more below!
 - Time needed: 5 minutes



Alliance Updates

Results Are In!

Over the past few weeks, we asked for input on the Alliance and Healthy Communities merger. This included asking for input on new names, logos, and branding. After a lot of hard work, we have a final name for the new, merged coalition: **Eau Claire Health Alliance!** There is still more work to do, including working on a new name for the Alliance for Substance Misuse Prevention. Stay tuned for more announcements!

*logo may have small revisions

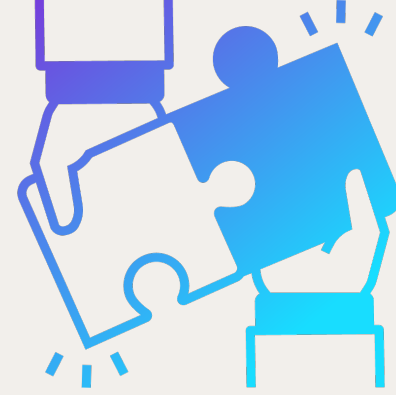


Alliance Coalition Membership Agreement

Please fill out the annual **Coalition Membership agreement** if you haven't already! We use this agreement to track Alliance memberships, identify

ways to partner, and help with grants.

In addition to the membership agreement, we will be reaching out to set up a meeting to explore ways to partner and move our goals forward.



Alcohol and Drug Workgroups

The Alliance has created workgroups to begin working on activities identified in the CHIP. The alcohol misuse workgroup will work to address social norms, remove barriers to treatment, and reduce alcohol-impaired driving. The drug

use workgroup will focus on collaboration, prevention, and response with a starting focus on methamphetamine and cannabis.

If you are interested in joining one or both groups, please contact **Alison Harder** and/or attend the workgroup meeting.

Alcohol Workgroup

February 14th from 8:45AM- 9:45AM

Room 3312, Eau Claire County Government Building

Drug Workgroup

February 14th from 10AM-11AM

Room 3312, Eau Claire County Government Building

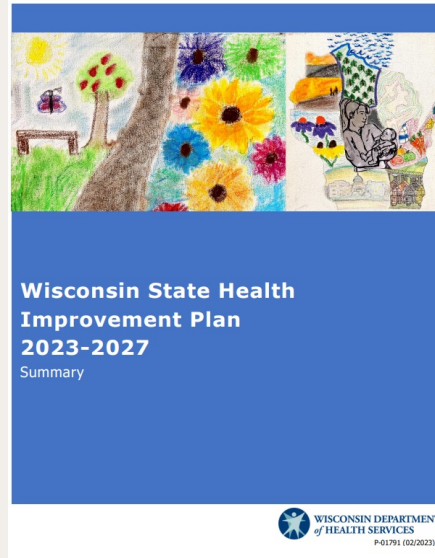


Input Needed on Opioid Settlement Funds

The Wisconsin Department of Health Services (DHS) is seeking input from Wisconsinites to help create a plan for the 2023 anticipated Opioid Settlement funds, to submit to the Joint Committee on Finance. DHS is expecting to receive \$8 million of opioid settlement funds this year. The survey will help prioritize themes heard in last year's survey and identify any additional ideas. People can make their recommendations in a survey starting today through February 17, 2023. The survey is available in **English** and **Spanish**.

The Wisconsin Department of Health Services recently released the [2023-2027 State Health Improvement Plan](#). The priority areas include social and community conditions, physical, mental, and systemic safety, person and community centered health care, social connectedness and belonging, and mental and emotional health and well-being.

Check out the 2023 State Health Improvement Plan and how it relates to our [2021-2024 Eau Claire County Health Improvement Plan](#).



Health Equity

Social Determinants of Health

The social determinants of health (SDoH) are the conditions in the environments where people are born, live, learn, work, play, worship, and age.

There are five domains of SDoH:

- Economic stability
- Education access and quality
- Health care access and quality
- Neighborhood and built environment
- Social and community context



SDoH contribute to wide health disparities and inequities. For example, people who don't have access to grocery stores with healthy foods are less likely to have good nutrition. This raises their risk of health conditions like heart disease, diabetes, and obesity — and even lowers life expectancy compared to people who do have access to healthy foods.

Education and health promotion alone are not enough to tackle problems caused by SDoH. Using the previous example, simply educating people on how to cook a healthy meal is not going to solve the problem of lack of access to a grocery store that sells the ingredients for that meal. Telling people to exercise outside is not going to help if people live in a neighborhood where it is not safe to be outside, or where they don't have a place to go to exercise.

To strive for health equity, we must focus on the social determinants of health, and promote programs and policies that address the environments in which people live.



Last Tuesday, the Regis SAFE (Students Advocating for Excellence) students helped organize a presentation for their middle and high school peers!

They invited Tom Kidd to share information around respect, integrity, and healthy decisions.

Resources

Why We Are Moving Away from Using the Term "Abuse"

Currently, there is legislation pending in Congress which would rename all Federal substance use-related agencies to remove "abuse" from their names. This promotes language changes to reduce stigma associated with these terms. Check out **this article** from Applied Prevention Science International to learn more.

Online Vaping Prevention and Education Resource Center

The Food and Drug Administration created an **online vaping prevention and education resource center** with information for teachers, parents, and students.

Online Training Opportunities

Indigenous Behavioral Health Series - Fundamentals of Substance Use: Treating Substance Use Disorders

February 14th, 12PM-1:30PM

Language Matters: Challenging Stigmatization Language about Addiction

February 14th, 12PM-1:30PM

Adolescent Health Symposium

February 16th-17th

Medications for Opioid Use Disorders and Child Advocacy: Supporting Family Recovery

February 23rd, 9AM

Promising Approaches for Reducing Substance Misuse-Related Health Disparities in Rural Contexts

February 23rd, 10:30AM-12PM

Advancing Community Prevention Efforts in an Era of Scientific Distrust

February 23rd, 9AM-10:30AM

Preventing Underage Cannabis Use: Risk/Protective Factors & Effective Communication, Q&A session with Gisela Rots

February 23rd, 2PM-3:30PM

Deep Dive into Prevention Ethics: Integrity

March 2nd, 9AM-10AM

Prevention Spotlight: Investigate Reporting on Excessive Alcohol Use

March 8th, 12PM-1:30PM

Deep Dive in Prevention Ethics: Confidentiality Obligations

June 1st, 9AM-10AM

Next Alliance Meeting

In-person
March 28th, 10:30 AM - 12PM

Riverview Room - Room 306
L.E. Phillips Memorial Public Library
400 Eau Claire Street
Eau Claire, WI 54701



About the Alliance For Substance Misuse Prevention

Mission:

Working together to prevent and reduce substance misuse through education and advocacy in Eau Claire County.

Vision:

A community free from the harms of alcohol, tobacco, and drug use.

Values

Community voice: Welcomes all people into the conversation and to be a part of the solutions, regardless of background or abilities

Connection: Fosters community connections for collaboration and partnership as we address our common goal

Data-Driven: Work is guided by local data and conditions, and it is both practice- and evidence-based

Equity: Actions that work to address disparities impacting health and wellbeing by focusing on economic, social, and physical environments

Informative: Work forces on continuous learning and mutual knowledge sharing

Inviting: Work is done with an open mind, acknowledging different viewpoints, with empathy and compassion

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Visit the Alliance Website



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